

# Biological activeadditives from medicinal plants of Khorezm region

In the experimental base of the Khorezm Academy of Mamun, such medicinal plants as woolly erva, medicinal calendula, Turkestan motherwort, St. John's wort and ziziphora were planted, their morphophysiological and biochemical properties were studied and new biologically active additives were developed on their basis.



As a result of the research, standard versions of 3 types of preparations have been developed (balsam "Khiva", herbal teas "Mamunshokh" and "Salt and stone driver"). These preparations are recommended as a prophylactic agent and contain about 20 medicinal plants grown in the garden of medicinal plants of the Khorezm Academy of Mamun.



These balms and herbal teas are mainly recommended as an additive, which generally refreshes and calms the body, increases the body's resistance to various stressful situations and strengthens the immune system, improves the functioning of the gastrointestinal tract.